

## **Cross Country Schedule 2009**

September 1, 2009	Glenwood	5:00 p.m.
September 8, 2009 <i>*Middle School starts at 4:30 p.m.</i>	Clarinda	5:00 p.m.
September 14, 2009	Red Oak	5:00 p.m.
<i>September 17, 2009</i>	<i>Corning</i>	<i>4:30 p.m.</i>
September 22, 2009	Creston	4:30 p.m.
September 29, 2009	Clarke	5:00 p.m.
October 1, 2009	Shenandoah	5:00 p.m.
October 5, 2009	Nodaway Valley	5:00 p.m.
October 12, 2009	POI@MSM	4:30 p.m.
October 15, 2009	Mount Ayr	4:30 p.m.
October 22, 2009	District	TBA